



Please use a yarn from this list when making Knots-of-Love Chemo Caps

| Specialty Yarn Stores  | Craft & Hobby, Michaels, Joanns and Online   |
|--|--|
| <ul style="list-style-type: none"> <li>• BERROCO COMFORT</li> <li>• BLUE SKY ALPACAS DYED COTTON</li> <li>• CRYSTAL PALACE BUNNY HOP</li> <li>• KNIT ONE CROCHET TOO BABY BOO</li> <li>• MOCHI PLUS</li> <li>• MUENCH MY FAMILY</li> <li>• PLYMOUTH BABY BOUTIQUE</li> <li>• PLYMOUTH JEANNEE</li> <li>• ROWAN ALL SEASONS COTTON</li> <li>• SIRDAR SNUGGLY</li> <li>• TRENDSETTER MERINO 8</li> </ul> | <ul style="list-style-type: none"> <li>• BABY BEE PITTER PATTTER (Hobby Lobby - craftsetc.com)</li> <li>• BERNAT SATIN or BERNAT SATIN SPORT</li> <li>• CARON SIMPLY SOFT</li> <li>• CAREFREE COTTON BLEND RED HEART (Online)</li> <li>• I LOVE THIS COTTON (Hobby Lobby - www.craftsetc.com)</li> <li>• LION COTTON EASE</li> <li>• LION FUN FIR</li> <li>• LION MICORSPUN</li> <li>• TLC BABY AMORE</li> <li>• TLC COTTON PLUS</li> <li>• MOON &amp; STARS RED HEART</li> <li>• NATURALLY CARON SPA</li> </ul> |

- ONLY use yarns from this list.
- Thinner, seamless, non-lumpy caps are good for sleeping and increased comfort.
- Caps that are not see thru. Patients prefer not to see their bald heads thru the cap.
- Fragrance, smoke, pet hair and odor free.

### Head Size Chart

Please use the following chart to determine what size cap you would like to make.  
The height noted is the total height of the hat including the brim.

| SIZE   | CIRCUMFERENCE | HEIGHT    |
|--------|---------------|-----------|
| Small  | 18" - 20"     | 6.5" - 7" |
| Medium | 20" - 22"     | 7" - 8"   |
| Large  | 22" - 24.5"   | 8" - 10"  |

**Laurel Hill:** Knots of Love's preferred supplier of crochet and knitting tools. Offering sustainable handmade exotic wood products at reasonable prices. [www.laurelhillonline.com](http://www.laurelhillonline.com)

**Hugga Bugga Yarns:** Your online connection for discounted KOL yarn. Order now from [www.HuggaBugga.com](http://www.HuggaBugga.com)

[www.knots-of-love.org](http://www.knots-of-love.org)