

Suggested Yarns for Knots-of-Love Chemo Caps

ACRYLIC

- Bernat Satin - Content: 100% Acrylic
- Bernat Satin Sport - Content: 100% Acrylic
- Red Heart Soft - Content: 100% Acrylic
- Caron Simply Soft - Content: 100% Acrylic
- Lion Microspun - Content: 100% Acrylic Microfiber

ACRYLIC BLEND

- Berroco Comfort - 50% Super Fine Nylon, 50% Super Fine Acrylic
- Plymouth Encore - Content: 75% Acrylic, 25% Wool
- Plymouth Encore DK - Content: 75% Acrylic, 25% Wool
- TLC Baby Amore - Content: 80% Acrylic, 20% Nylon
- Bernat Baby Coordinates - Content: 75.2% Acrylic, 22.2% Rayon, 2.6% Nylon
- Lion Homespun - Content: 98% Acrylic, 2% Polyester

BAMBOO BLEND

- Bernat Bamboo - Content: 86% bamboo, 12% acrylic, 2% polyester

COTTON BLEND (Best for warm weather months)

- Plymouth Jeannee - Content: 51% Cotton, 49% Acrylic
- Lion Cotton-Ease - Content: 50% Cotton, 50% Acrylic (Best Value)
- Brown Sheep Cotton Fleece - Content: 80% Cotton, 20% Merino Wool
- Rowan All Seasons Cotton - Content: 60% Cotton, 40% Acrylic Microfiber
- TLC Cotton Plus Yarn - Content: 51% Cotton, 49% Acrylic

COTTON (Not as soft as Cotton Blends)

- Peaches & Crème - Content: 100% Cotton
- Lily Sugar 'n Cream - Content: 100% Cotton
- Bernat Cotton Tots - Content: 100% Cotton
- Lion Cotton - Content: 100% Cotton

SOY BLEND

- Bernat Soy - Content: 50% Soy, 50% Acrylic

WOOL BLEND

- Brown Sheep Cotton Fleece – Content: 80% Cotton, 20% Merino Wool
- Plymouth Encore - Content: 75% Acrylic, 25% Wool
- Plymouth Encore DK - Content: 75% Acrylic, 25% Wool

FUN FUR

- Bernat Boa - Content: 100% Polyester
- Lion Fun Fur - Content: 100% Polyester
- Lion Fancy Fur - Content: 55% Polyamide, 45% Polyester

Ideas for Chemo Caps:

- ◆ Use the Softest yarn possible.
- ◆ Thinner, seamless, non-lumpy caps are good for sleeping and increased comfort.
- ◆ Cotton Blends are best for summer hats and warmer climates.
- ◆ Caps that are not see thru - patients don't like to see their bald heads thru cap.
- ◆ The new fun fur yarns are fun, soft and lightweight